



Centre de ressources communautaires RIDEAU–ROCKCLIFFE Community Resource Centre

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A Snapshot of Rideau-Rockcliffe Community Resource Centre

During COVID-19 (March 23rd- July 24th, 2020)

- From March 23rd to July 18th, Rideau Rockcliffe CRC's Emergency Food Bank has had over 2,500 contacts with community members and provided food to 1,253 community members and over 500 households.
- During this same time period, over 1 in 4 community members have been new Food Bank users (28%) compared to the same time frame in 2019 where less than 1 in 5 individuals were new Food Bank Users (19%)
- As a result of increased barriers to accessing food during COVID-19, Ottawa Cares and Rideau-Rockcliffe CRC's Emergency Food Bank have partnered to be able to offer delivery of food bank hampers. Since April 2020 when delivery with Ottawa Cares started, we have completed over 300 deliveries of Food Bank hampers.
- This is especially important as due to the tireless efforts of the Ottawa Food Bank and our generous donors to Rideau-Rockcliffe's CRC's Emergency Food Bank, we have been able to offer more food to Food Bank clients. This means that carrying our Food Bank hampers home is a barrier for many. For instance, at a recent survey of our Food Bank Clients, the majority of those who responded identified being able to carry the food home as a barrier itself due to the larger quantity we have been able to offer. In fact, many of our Food Bank clients who are not receiving deliveries, pick up their food bank hampers by car due to the size of our current hampers.
- At Rideau-Rockcliffe CRC, we have been blessed at our Emergency Food Bank to be able to offer deliveries with Ottawa Cares to our community members who would otherwise be unable to get to the Food Bank. We offer delivery in particular to seniors, community members with accessibility issues, and single parent families. As one Food Bank client recently said in our survey in regards to our Food Bank "I couldn't survive without this service."

- During this same time period, Rideau-Rockliffe CRC has also launched a program called Local Food for our Local Food Bank which aims to support local businesses and our local food bank. Thanks to generous donations, we have raised over 14,000 \$ so far to help support local businesses and our local food bank. For example, as a result of this program, over the past few months we were able to place an order of 400 frozen soups with Epicuria, an order of 300 loaves of bread with Bread and Roses, and an order of 50 kg of Halal meat with Fresh Grocer, which we then gave out to our Food Bank clients. Thanks to this program we have been able to support great local businesses such as Epicuria, Bread and Roses, and Fresh Grocer while at the same time also providing more food to the community members who attend our Food Bank.
- Rideau-Rockliffe CRC has also partnered with Food for Thought Café to be able to temporarily provide hot meals to those in need in our community, and with the help of Ashbury College who volunteered their staff to help with deliveries, and all of our many amazing partners, we have been able to deliver over 8,000 meals to community members in need in Ward 13 (Rideau-Rockliffe) between April and June.
- Rideau-Rockliffe CRC also ran Good Food at Your Doorstep from April to June; this program was a temporary adapted social enterprise program in response to COVID 19 food inaccessibility and delivered over 5,600 boxes of fresh produce across the city. This program also offered an option to donate fresh produce boxes to community members in need, and as a result we were able to donate over 200 boxes in our Ward alone to vulnerable residents.
- Rideau-Rockliffe's CRC's Children and Youth team have also been keeping busy! As of April, we have partnered with the Ottawa Network for Education to hand out breakfast kits to kids and youth between the ages of 3 to 18 years old through our Food Bank and through our Children and Youth programs. We have given out over 500 breakfast kits to families with children and youth who attend our Food Bank. And our Children and Youth Staff with the help of Ottawa Cares and Epicuria, have delivered 182 breakfast kits to children and youth who would normally attend our programs. As well, in partnership with Just Food and the City of Ottawa Human Needs Task Force, we have delivered 14 seeds and soil kits, and arranged for pick-up of seeds and soils kits at our CRC for many more. In partnership with artist Claudia Salguero, and thanks to her fundraising and support of the project, we were able to deliver 50 art kits to families in our Ward.
- During the period from March to July 2020, www.incubator13.ca was able to fully transform and pivot its program offerings for young entrepreneurs and youth job seekers to an online model. 30 youths have been trained in a variety of different employment skills webinars with 1:1 support session and 8 have found

employment directly through the services offered. 9 youth successfully graduated from the EnterpRISEing Youth Entrepreneurship Program with a variety of different business models during the said period. In the coming weeks, market13 will open its doors which will even further support youth entrepreneurs and ward13 businesses by offering a free online store to present their products. For more information please click here <http://incubator13.ca/market13/http://incubator13.ca/market13/>

To continue to support our programs, please consider donating. Simply click on the link below, and choose the program you would like to support from the drop-down menu. Thank you so much for all your continued support!

https://www.canadahelps.org/en/charities/rideau-rockcliffe-community-resource-centre/?utm_expid=.Zw6wDABWRgyB0oPCIDzoRg.0&utm_referrer=

In Community,

Rideau-Rockcliffe Community Resource Centre (613-745-0073)